



Warming up

What is the most precious promise anyone has ever made to you?

Read: Genesis 17:1-16

1. What name does God refer to himself by in verse 1? Why is this significant?
2. What covenant is God making in this passage? What is God promising to do?
3. What is the significance between the meaning of the name change Abram and Abraham?
4. In verses 6-8, what is God promising to do for Abraham's future generations?
5. How long will this covenant last?
6. Which action does God ask the Israelites to perform as a sign of the covenant? How is this similar and different to wearing a wedding ring as a sign of a marriage covenant?
7. Why do you think it was important for the Israelites to have something tangible to show that they were God's people?
8. What promise does God make to Sarai? How is this similar and different to the promise God made to Abraham?

Read Psalm 22:30-31

9. How does Psalm 22:30-31 add to this passage from Genesis?
10. What else does the Bible say about circumcision?
(see Deuteronomy 30:6, Jeremiah 4:4, Galatians 5:6, Colossians 2:9-14)

Rubber hits the road

This week think about the knowledge of how God keeps his promises. How should this influence the way you pray? Spend some time giving thanks to God, and for the gift of the Holy Spirit that marks you as God's own.

Pray: *God Almighty, we thank you for being the God of our ancestors, for being our God today, and for being the one true God of our children's children. You never change and you always keep your promises. We pray that during this season of Lent, we might continue to build our lives on your strong and steadfast foundation. Please continue to teach us what it means to be your people and give us grace to live your way. In your name Jesus, Amen.*

