

LENT † 2021
COVENANT ESTABLISHING GOD
GENESIS 9:8 - 17
PSALM 25:1 - 10

Warming up:

When you see a rainbow what do you think of? What emotions come to mind?

Read Genesis 9:8-17

- What stands out for you in this passage? Why?
- In v.9 God says, "I now establish my covenant". What is a covenant, and who is God establishing it with?
- What prompted God to make this covenant with Noah?
- What was the sign that God gave as a reminder? Why is a reminder so important?
- Why does it matter that God establishes a covenant with all animals as well as humans?
- In this covenant, what does God promise to do?
- In this covenant, what does he ask his people to do?
- How does it make you feel, to know that God is the one who pursued relationship with us, and instigated a covenant to be our God?

Read Psalm 25:1-10

- In verses 4-5 David expresses a desire for guidance. How do we receive God's guidance?
- What ways do you allow God to teach you and lead you?
- How can these verses from Psalm 25 encourage you on your journey through Lent?

Rubber hits the road

- Take some time to make a covenant with God this Lent. You may decide to read your Bible every day, to share your faith with someone new each week, to spend more time in prayer in each day, or to bless someone with an act of service. Whatever it is, write it down and put it somewhere you can see it regularly as a reminder.

Pray: *God of all life, thank you that you made each one of us. Thank you that you love us so much, from the greatest of animals to the smallest of babies. Please forgive us for the times we forget you. Help us to always remember your love and encourage us to show your love to others in our lives. Amen.*

