

# Paul's Letter to the Ephesians

## Ephesians 6:1-24 Stand Firm

### Warm up question:

- Have you ever needed to 'stand your ground'? What allowed you to stand firm rather than be swayed in a different direction?

### Read Ephesians 6:1-9

1. Paul's instructions to wives and husbands were to submit/honour and to love. What is different about his instructions to children/parents and slaves/masters? Why might this be?
2. What is the role of the father in verse 4? Why is this important and how might this happen?
3. Do you think that Paul is asking slaves to obey their masters with fear and trembling, or to sincerely serve the Lord with fear and trembling? Why?
4. What do verses 5-9 say to us regarding our earthly work?

### Read Ephesians 6:10-24

5. Why does Paul tell us that we need to put on the armour of God? What are his reasons?
6. What pieces of armour does the armour of God include? List each of the pieces of armour and note what part of the body they are protecting and why we might need each one.
7. How often should we pray? Is there anything too big or too small to pray about? (Vs. 18)
8. What things does Paul ask the Ephesians to pray for him? Why are these things significant?
9. What is special about Tychicus?
10. How does Paul describe the Ephesians believers in verses 23-24?
11. What is your overall feeling of this passage? How would you sum it up?

### Rubber hits the road:

- What's something that God has spoken to you / challenged you with in the book of Ephesians?
- How can we build up, strengthen, and unify the body of Christ in Sunnybank?

### PRAYER

*Ever living God, we thank you for the book of Ephesians and for the way that your Spirit has continued to take this ancient letter and teach, challenge, and encourage us. We thank you that we can stand firm in our salvation as your beloved children. We praise you for making us alive in Christ, and we ask that you continue to teach us and transform us into the likeness of Jesus, our only hope and our one true saviour. Amen.*

