

Paul's Letter to the Ephesians

Ephesians 5:1-33 Follow Christ's Example

Warm up question:

- What has been the biggest change/transformation in your character over the years?

Read Ephesians 5:1-33

1. What is Paul asking the Ephesians to do in verses 1-2? How does this link with chapter 4?
2. How much immorality, impurity and greed does Paul say we should have? Why? (Vs. 3)
3. What does Paul instruct us to replace obscenity, foolish talk, and coarse joking with? (Vs. 4)
4. What "fruit" should come out of us as "children of light"? (Vs. 8-11)
5. Practically, what do you think Paul means in verses 18-20?
6. Why would Paul instruct us to "submit to one another out of reverence for Christ?" (Vs. 21) Why is it important that he instructs us all to submit to each other?
7. In verses 22-33, "Christ" is mentioned 5 times and "the church" is mentioned 6 times. Write down each of the things the Christ and the church do for each other. What did you notice?
8. Paul quotes from Genesis 2:15-25. What is the heart of this passage?
9. Why does Paul refer to marriage as a "profound mystery"?
10. From what you have studied in this passage, how would you describe the meaning of marriage?
11. What is your overall feeling of this passage? How would you sum it up?

Rubber hits the road:

- What might marriage look like if it was lived in a way that mirrored the whole of Ephesians 5?
- What are some ways that we can seek to help heal and comfort those who are hurting due to brokenness in marriage?
- What are some ways that we can seek to strengthen and encourage those who are currently living and pursuing this "profound mystery"?

PRAYER

God of abundant grace, we thank you for calling us forward into transformation as you covenant people. We acknowledge our brokenness and frailty, and that each of us have failed to do what is right. But still your grace abounds, and we ask you to strengthen us for our journey as we seek to follow Christ's example in all areas of our lives. Fill us afresh with your spirit Lord and transform us we pray. In Jesus' name. Amen.

