

Paul's Letter to the Ephesians

Ephesians 4:1-32 New Body of Christ

Warm up question:

- What are you most skilled/competent in? How have you used that skill throughout your life?

Read Ephesians 4:1-16

1. What does Paul urge the Ephesians to do in verse 1? What might he mean by this?
2. What things does Paul tell them to do as they seek to live a life worthy of their calling? (Vs. 2-3)
3. In verses 4-5 Paul lists things that unify believers. What are they? Why are they important?
4. What are some of the gifts that God gave the church? (Vs. 11)
5. Why did God give these gifts to the church? (Vs. 12-13)
6. How does Paul describe an unhealthy church / a healthy church? (Vs. 14-16)

Read Ephesians 4:17-32

7. How does Paul describe the way that the Gentiles lived? (Vs. 17-19)
8. How does Paul describe the 'old self'? What things are we to get rid of?
9. How does Paul describe the 'new self'? What things are we to do now that we are in Christ?
10. If we continue to live according to our 'old self', why would that grieve the Holy Spirit?
11. What is your overall feeling of this passage? How would you sum it up?

Rubber hits the road:

- The Spiritual Gifts that God has given the church are listed in Ephesians 4:11, 1 Corinthians 12:8-10 and Romans 12:6-8. Write each of them down in a list and spend some time discerning which of these gifts God has instilled in you
- Spend some time in prayer thanking God for these gifts and then write down 3 ways that you could use your gift/s "so that the body of Christ may be built up... and become mature".

PRAYER

Living God, we thank you that a life lived with you is not just academic – but that you call us into action as your people. We thank you for the body of Christ here in Sunnybank and across the world. We thank you for the way you have instilled your varied gifts into each member of your body, the church. Help me I pray to become more aware of how you have created me, and by your grace help me to play my part in the building up and maturing of your church. In Jesus' mighty name we pray, Amen.

