



**THE  
LIVING  
END**

**末世與盼望**

**1 THESSALONIANS**  
**帖撒羅尼迦前書**

'May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you. May he strengthen your hearts so that you will be blameless and holy in the presence of our God and Father when our Lord Jesus comes with all his holy ones.'

- 1 Thessalonians 3:12-13 -

# 1 THESSALONIANS: THE LIVING END

1 Thessalonians is a profound and insightful letter written by the apostle Paul to the early Christian community in Thessalonica. This letter is a treasure trove of wisdom, encouragement, and practical guidance for believers, making it a valuable resource for our spiritual growth and understanding of God's word.

One of the of Paul's earliest letters, 1 Thessalonians offers us a glimpse into the thoughts and concerns of the early Christian church. It also gives us a deeper understanding of the challenges faced by these first-century believers and how Paul's teachings helped them navigate their faith journey.

We will see Paul's heartfelt affection for the Thessalonian believers as he rejoices in their faith, love, and endurance in the midst of persecution and adversity. We hear about Paul's pastoral care, deep concern, and tender encouragement as he strengthens and guides this young congregation in their walk with Christ. Paul also provides profound insights into the second coming of Christ, offering comfort to those who are grieving and hope to those who are weary.

As we journey through these five chapters of 1 Thessalonians, we will uncover valuable lessons for today's world that will equip us to live out our faith in a manner pleasing to God and encouraging to fellow believers.

So, let us embark on this journey through 1 Thessalonians, seeking to deepen our understanding of God's Word and allowing its timeless truths to shape our lives as modern-day disciples of Christ.

Every blessing,

*Rev'd Christopher Bate*  
*Holy Spirit Algester*

又願主叫你們彼此相愛的心，並愛眾人的心都能增長，充足，如同我們愛你們一樣，好使你們當我們主耶穌同他眾聖徒來的時候，在我們父神面前，心裏堅固，成為聖潔，無可責備。

帖撒羅尼迦前書3:12-13

## 帖撒羅尼迦前書 末世與盼望

帖撒羅尼迦前書是使徒保羅寫給帖撒羅尼迦早期基督徒群體的一封信，解深刻的書信。這封信是信徒智慧、鼓勵和實際指引的寶庫，使其成為我們靈命成長和理解上帝話語的寶貴資源。

帖撒羅尼迦前書是保羅最早的書信之一，讓我們得以一窺早期基督教會의思想和憂慮。它也讓我們更深入地了解這些第一世紀的信徒所面臨的挑戰，以及保羅的教導如何幫助引導他們的信仰之旅。

我們會看到保羅對帖撒羅尼迦信徒那份發自內心的愛，因為他在遭受逼迫和逆境中因他們的信心、愛心和忍耐而喜樂。我們聽到保羅在加強和引導這群年輕會眾與基督同行時的牧養關顧、深切關懷和溫柔鼓勵。保羅也對基督的再臨提出了深刻的見解，為悲傷的人提供安，以及為疲倦的人帶來希望。

當我們閱讀帖撒羅尼迦前書的前五章時，我們將揭示對當今世界寶貴的教導，這些教導將使我們能夠以討上主喜悅和鼓勵信徒同工的方式活出我們的信仰。

因此，讓我們踏上帖撒羅尼迦前書的旅程，尋求加深對上帝話語的理解，並讓其永恆的真理塑造我們作為現代基督徒的生活。

基斯比治牧師

聖公會阿扎斯特牧區靈風堂



**THE  
LIVING  
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**WEEK 1**

**Warming up:**

Which people are you particularly thankful for in your life? Why are you thankful for them?

**Read: 1 Thessalonians 1:1-10**

1. Who are the authors of this letter?
2. Why are Paul, Silas, and Timothy thankful for the church in Thessalonica?
3. In v.3, what causes the Thessalonians to work, labour and endure?
4. In vv.4 & 7, how did the Thessalonians receive and welcome the gospel?
5. When Paul, Silas, and Timothy were originally in Thessalonica during Paul's second missionary journey, they and the first members of the church there were persecuted and suffered. Read Acts 17:1-9. What happened to them?
6. For a small, persecuted church a long way from Jerusalem, how do you think they felt to know that they are a model for all believers and that their faith is known everywhere?
7. In vv.9-10, what do we know about the believers in Thessalonica?

**Rubber hits the road: .**

Even though we are a small church in a country where Christianity is declining; how can our faith, love and hope encourage other believers both near and far?

**Prayer**

God of grace and peace, we thank you for working so powerfully amongst the Thessalonian people all those years ago and that they continue to encourage us in our faith. Please help us to grow in faith, love and hope, and to be courageous in the midst of adversity so that your people might be strengthened, and many might receive the new life you offer. By your grace and in your power we pray. Amen.



THE  
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WEEK 1

## 熱身：

在你的生命中，你特別感謝哪些人？為什麼要感謝他們？

## 閱讀：帖撒羅尼迦前書 1:1-10

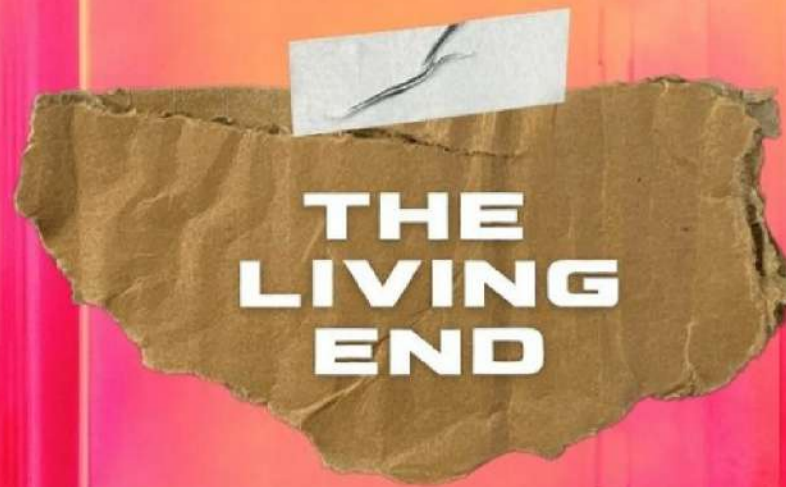
1. 這封信的作者是誰？
2. 為什麼保羅、西拉和提摩太為帖撒羅尼迦教會而感恩？
3. 在第 3 節中，什麼使帖撒羅尼迦信徒工作、勞苦和堅忍？
4. 在第 4 節和第 7 節中，帖撒羅尼迦信徒如何接受並歡迎福音？
5. 當保羅、西拉和提摩太在保羅第二次宣教旅行期間最初來到帖撒羅尼迦時，他們和當地教會的第一批成員都受到迫害和苦難。閱讀使徒行傳 17:1-9，他們發生了什麼事？
6. 對於一個距離耶路撒冷很遠、受迫害的小教會來說，當他們知道自己是所有信徒的榜樣並且他們的信仰在各地廣為人知時，你認為他們會有什麼感覺？
7. 在第 9-10 節中，我們對帖撒羅尼迦的信徒，知道了甚麼？

## 實踐：

儘管我們是在基督教日漸衰落的國家中的一個小教會；我們的信心、愛心和盼望如何可以鼓勵無論在遠或是近的其他信徒？

## 禱告

恩典與和平的上帝，我們感謝祢多年前在帖撒羅尼迦人民中大能的工作，並以此繼續鼓勵我們的信仰。請幫助我們在信心、愛和希望上成長，並在逆境中保持勇氣，使祢的信徒得到力量，讓許多人可以接受祢提供的新生命。靠著祢的恩典與力量。阿門。



**WEEK 2**

### **Warming up:**

Has anyone ever tried to peddle a product to you with selfish motives? What was the result?

### **Read: 1 Thessalonians 2:1-12**

1. How does Paul feel about his previous visit to Thessalonica?
2. What can we learn from this passage about the way Paul conducted his ministry?
3. What does v.4 tell us about Paul's focus in his ministry?
4. What do vv.8-12 tell us about how Paul conducted his ministry?
5. How can this passage inform and shape the way we serve and lead people in church?

### **Read: 1 Thessalonians 2:13-20**

1. How does Paul feel about the Thessalonians? How have they received the word of God?
2. What has happened to the people since they became Christians?
3. What does Paul long for in vv.17-19?
4. What does this passage show us about the importance of relationships in the church today?
5. How can this passage teach us to discern the difference between the true Gospel and a gospel peddled for profit?
6. How are we to respond to opposition to the Christian faith today?

### **Rubber hits the road:**

How can we encourage one another to 'live a life worthy of God' this week?

### **Prayer**

Loving Father God, we thank you for your Word written for us. Thank you for your church which has preserved it for us. Help us to be faithful ministers of your gospel of grace to our family, friends, and neighbours. In Jesus' name we pray. Amen!



THE  
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WEEK 2

## 熱身：

是否有人曾出於自私的動機試圖向您兜售產品？結果如何？

## 閱讀：帖撒羅尼迦前書 2:1-12

1. 保羅對之前造訪帖撒羅尼迦有何感想？
2. 我們可以從這段關於保羅事工的方式學到什麼？
3. 第 4 節告訴我們什麼關於保羅傳道工作的甚麼重點？
4. 第 8-12 節告訴我們保羅如何執行他的事工？
5. 這段經文如何引導和塑造我們在教會中服事和帶領人們的方式？

## 閱讀：帖撒羅尼迦前書 2:13-20

1. 保羅對帖撒羅尼迦人有何看法？他們如何接受上帝的話？
2. 自從人們成為基督徒以來，他們發生了什麼事？
3. 保羅在第 17-19 節中渴望什麼？
4. 這段經文向我們展示了今日教會中甚麼關係的重要性？
5. 這段經文如何教導我們分辨真正的福音和為了獲利而兜售的福音之間的差異？
6. 今天我們該如何回應對基督教信仰的反對？

## 實踐：

本週我們如何鼓勵彼此「過配得上上帝的生活」？

### 禱告

慈愛的天父上帝，我們感謝祢為我們寫下的話語。感謝祢的教會為我們保存了祢的話。求你幫助我們成為向我們的家人、朋友和鄰居傳播祢恩典福音的忠實傳道人。奉耶穌的名。阿門！



**THE  
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**WEEK 3**

**Warming up:**

Has there ever been a time when you were worried about someone but couldn't go see them? How did you feel?

**Read: 1 Thessalonians 3:1-13**

1. What stands out to you in this passage?
2. Why did Paul send Timothy back to Thessalonica in vv.1-5?
3. What concern did Paul have for the Thessalonian church?
4. What did Paul think might undercut the faith of the new believers at Thessalonica?
5. In vv.6-7, how had Paul's work among the Thessalonians fared during his absence?
6. How were the Thessalonians an encouragement to Paul?
7. How might the Thessalonians' steadfastness in the face of persecution apply to challenges we face today?
8. How might Paul's joy over the Thessalonians' faith encourage us in our spiritual journey?
9. How can the Thessalonians' perseverance inspire Christians facing challenges today?
10. In vv.11-13, what did Paul pray would grow and prosper among the Thessalonians?

**Rubber hits the road:**

What steps can you and we as a church take to ensure that our faith remains steadfast, like the Thessalonians', in the face of adversity?

**Prayer**

Almighty God, we thank you that you are a gracious and loving God; increase and overflow our love for you and each other and all whom we meet. Strengthen our hearts so that we may be blameless and holy in your presence when our Lord Jesus Christ comes with all his holy ones.

Amen.





THE  
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WEEK 3

## 熱身：

你是否曾經有過很擔心某個人卻無法去看他的經驗？你當時感覺怎麼樣？

## 閱讀：帖撒羅尼迦前書 3:1-13

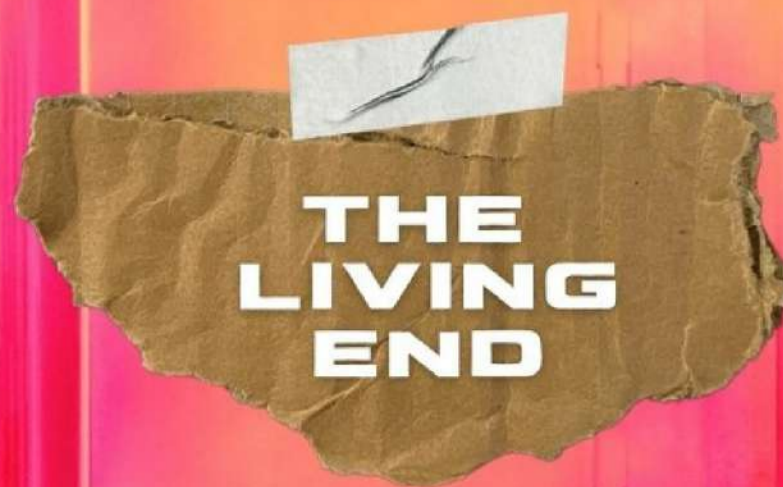
1. 這段經文中什麼讓你印象最深刻？
2. 為什麼保羅在第 1-5 節差派提摩太回到帖撒羅尼迦？
3. 保羅對帖撒羅尼迦教會有何掛慮？
4. 保羅認為會有什麼東西能削弱帖撒羅尼迦新信徒的信心？
5. 在第 6-7 節中，保羅不在期間，他在帖撒羅尼迦教會的工作進展如何？
6. 昔日，帖撒羅尼迦教會如何鼓勵保羅？
7. 帖撒羅尼迦教會面對迫害時的堅定不移可以如何應用在我們今天面臨的挑戰？
8. 保羅因帖撒羅尼迦教會的信心而感到的喜樂會如何鼓勵我們踏上屬靈的旅程？
9. 帖撒羅尼迦教會的堅忍可以如何激勵今天面臨挑戰的基督徒？
10. 在第 11-13 節中，保羅祈求什麼能夠在帖撒羅尼迦教會中成長、興盛？

## 實踐：

作為一個教會，你和我們可以採取什麼步驟來確保我們的信仰像帖撒羅尼迦教會一樣在逆境中保持堅定？

### 禱告：

全能的上帝，我們感謝祢，祢是一位有恩典有慈愛的神；求你增加並充滿我們對祢、對彼此、以及所有我們遇到的人的愛。堅固我們的心，好讓當我們的主耶穌基督和祂所有的聖徒降臨時，我們可以在祢面前是聖潔且無可指摘。阿門。



**WEEK 4**

### **Warming up:**

What sorts of things do you say to someone when you are trying to encourage them?

### **Read: 1 Thessalonians 4:1-12**

1. In v.1, what does Paul say about how the Thessalonians are living? What else does he encourage them to do?
2. Why is it important that Paul's instructions about Christian living come by the authority of Jesus?
3. What does it mean to be sanctified?
4. In vv.3-7, what reasons does Paul give for avoiding sexual immorality?
5. In vv.9, who taught the Thessalonians to love each other? What else does he encourage them to do?
6. In vv.11-12, what does Paul say that their ambition should be? Why?

### **Read: 1 Thessalonians 4:13-18**

1. Why shouldn't the Thessalonians grieve those who have died?
2. How would you summarise Paul's explanation of Jesus' return in vv.14-17?
3. What encouragement would these words give to believers?

### **Rubber hits the road:**

How does the knowledge of Jesus' return impact the way that you live each day?

#### **Prayer**

Lord God, you are the Alpha and the Omega – the beginning and the end. May we be daily encouraged as we consider the eternal hope found in you. We pray that our hope would lead us to love you more and more, and that our lives would please and honour your name.

Amen.



THE  
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WEEK 4

## 熱身：

當你嘗試鼓勵某人時，你會對他們說些什麼？

## 閱讀：帖撒羅尼迦前書 4:1-12

1. 在第 1 節中，保羅對帖撒羅尼迦教會的生活有何看法？他還鼓勵他們做什麼？
2. 為什麼保羅認為，基督徒生活的指示是來自耶穌的權柄，是這麼重要？
3. 成聖是什麼意思？
4. 在第 3-7 節中，保羅給了避免淫亂的理由是什麼？
5. 在第 9 節中，誰教導帖撒羅尼迦教會要彼此相愛？他還鼓勵他們做什麼？
6. 在第 11-12 節中，保羅說他們的立志應該是什麼？為什麼？

## 閱讀：帖撒羅尼迦前書 4:13-18

1. 為什麼帖撒羅尼迦教會不該為死者哀悼？
2. 你會如何總結保羅在第 14-17 節中對耶穌再來的解釋？
3. 這句話會為信徒帶來什麼鼓勵呢？

## 實踐：

耶穌再來的消息如何影響你每天的生活方式？

### 禱告：

上帝，祢是阿拉法和俄梅戛一開始和結束。願我們因在祢身上找到的永恆希望而每天都受到鼓舞。願我們的希望會讓我們越來越愛祢，而我們的生活會討祢喜悅並榮耀祢的名字。阿門。



**THE  
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END**

**WEEK 5**

**Warming up:**

Do you have anyone in your life who is preparing for something big in the future? How do they go about their preparations?

**Read: 1 Thessalonians 5:1-11**

1. In v.1, why do you think Paul writes 'about times and dates we don't need to write to you'?
2. What analogies does Paul use for the 'day of the Lord'?
3. What are some of the contrasts drawn in vv.4-11? What are we being told about how we should live?

**Read: 1 Thessalonians 5: 12-28**

1. In these final verses Paul gives words of encouragement. How many encouragements can you find?
2. Who are vv.12-14 about? What does this mean for us today?
3. What are the parallels between Jesus' teaching and Paul's? (see Matthew 5:43-48; Mark 12:30-31; Luke 6:27-36; John 13:34)
4. What is Paul teaching about the Holy Spirit and prophecy in vv.19-21? How can we respond when someone says they've heard from God?

**Read: 1 Thessalonians 5:23-28**

1. What do vv.23-28 tell us about how we are to care for each other?
2. What is sanctification and what value does it hold for Christians?
3. A 'holy kiss' was a form of greeting in the ancient world. How can we greet people in a way that conveys God's love but doesn't freak them out or give them the wrong idea today?

**Rubber hits the road:**

What are some applications that you can take from our 1 Thessalonians series that will help you live in preparation for Jesus' return?

**Prayer**

Loving Heavenly Father, thank you that you are always faithful and always keep your promises. Thank you for the hope found in Christ's death, resurrection, and his promise to return in glory. Help us, by the inspiration of your Holy Spirit, to live in light of Jesus' return and to serve you with gladness.

Amen.



THE  
LIVING  
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WEEK 5

### 熱身：

你生命中有人正在為未來的大事做準備嗎？他們的準備工作進度如何？

### 閱讀：帖撒羅尼迦前書 5:1-11

1. 你覺得為什麼保羅在第1節中寫道「關於那時候和日期，不用人寫信給你們」？
2. 保羅用什麼類比來形容「主的日子」？
3. 第 4-11 節有何對比？我們被告知該如何生活？

### 閱讀：帖撒羅尼迦前書 5:12-28

1. 在這最後幾節經文中，保羅給了鼓勵的話。你能找到多少鼓勵？
2. 第 12-14 節是關於誰的？對今天教會中的這些人來說，這又意味著什麼呢？
3. 耶穌的教導（參考馬太福音5：43-48；馬可福音12：30-31；路加福音6：27-36；約翰福音13：34）和保羅在這些經文中的教導有何相似之處？
4. 保羅在第 19-21 節中關於聖靈和預言的教導是什麼？當有人說他們聽到了上帝的聲音時，我們該如何回應？

### 閱讀：帖撒羅尼迦前書 1 5:23-28

1. 第 23-28 節告訴我們如何互相關心？
2. 什麼是成聖？它對基督徒有什麼價值？
3. 「聖潔的吻」是古代世界的一種問候方式。今天，我們怎麼能以一種既能傳達上帝的愛又不會嚇到他們或給他們帶來錯誤想法的方式來問候人們呢？

### 實踐：

您可以從我們的《帖撒羅尼迦前書》系列中獲得哪些應用來幫助您為耶穌再來做好準備？

### 禱告：

慈愛的天父，感謝祢始終信實並信守承諾。感謝祢使我們在基督的受死、復活和祂榮耀中再來的應許中找到了盼望。幫助我們，在祢聖靈的啟示下，生活在耶穌再來的光明中，並高興地為祢服務。阿門。

願賜平安的上帝親自使你們全然成聖！  
又願你們的靈與魂與身子得蒙保守，  
在我們主耶穌基督降臨的時候，  
完全無可指摘！  
那召你們的本是信實的，  
他必成就這事。

- 帖撒羅尼迦前書 5:23-24 -

'May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.'

- 1 Thessalonians 5:23-24 -



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